

October is

**NATIONAL
BULLYING
PREVENTION
MONTH**

#RMCCFbullyingpreventionmonth

Join Us And

**RAISE YOUR
VOICE &
CHANGE YOUR
STORY!**

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**More than
20% OF
STUDENTS**

report being bullied each year

According to the National Center for Educational Statistics

**Advocacy programs can reduce this
rate by empowering students to
stand up for themselves and others.**

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Students who feel supported by their peers and school staff are more likely to

REPORT BULLYING

and

SEEK HELP

According to the American Psychological Association

Advocacy programs can help create these crucial support networks.

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Bullying can have
LONG TERM EFFECTS
on
MENTAL HEALTH

**including increased risks of anxiety,
depression, and low self-esteem.**

**Advocacy programs can mitigate
these effects by promoting a positive
and inclusive school environment.**

According to Betterhelp.com

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70% OF STUDENTS

reported that having peers who advocate against bullying make them feel safer at school, highlighting the power of collective advocacy.

According to Bullying.gov

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**Schools with peer advocacy
programs report a**

60% INCREASE

**in students' willingness to
stand up against bullying.**

According to the National Education Association

**Empowered students create
safer communities.**

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EMPATHY *and* **KINDNESS**

**are key components of successful
bullying prevention programs**

**Teaching students to advocate with
compassion helps reduce bullying
and fosters a culture of mutual
respect and understanding.**

According to the Housman Institute

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Self-advocacy teaches students

ESSENTIAL LIFE SKILLS

**such as conflict resolution,
communication, and empathy,
which help prevent bullying
and prepare students for
successful futures.**

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Advocacy creates a
**POSITIVE
RIPPLE EFFECT**

throughout our entire community!

**Advocacy fosters a culture of
respect and support, making a
tangible difference in
students' lives.**

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Advocacy is not just about

STANDING UP

it's about

STANDING TOGETHER

**Schools & communities with strong
advocacy programs see significant
decreases in bullying rates. Let's be
the change we want to see!**

According to the National School Climate Center

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**When students and staff work
together in advocacy efforts,**

BULLYING RATES DECREASE

**Every voice matters in creating
a supportive community!**

According to the National School Climate Center

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